

# *Glaucoma Consultants of Texas*

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## **Glaucoma Surgery Pre-Op Information**

- **You will need a history and physical dated within 30 days prior to surgery. We will need documentation that you have passed your physical and have been cleared for surgery at least one week prior to your surgery. Please do not delay having this done since your doctor may find it necessary to perform additional tests in order to clear you for surgery. It is your responsibility to make sure that your doctor has forwarded the history and physical to our office.**
- **Do not take any aspirin, ibuprofen (Nuprin, Advil, Aleve, and BC powder), arthritis medications, anti-inflammatory medications, or blood thinners 2 weeks before surgery. Check with your primary care doctor before stopping any blood thinning medications (over the counter or prescription). You may need to stay off these medicines until at least two weeks after surgery. You may take all other prescribed medicines or Tylenol as long as it has been cleared with your surgery coordinator. Please let us know the names and doses of all medications you are taking.**
- **Use all glaucoma medicines the day of surgery unless otherwise specified. You can also take medically necessary medicines approved by the surgery coordinator with a small sip of water, except for any dietetic medication. Plaza Day Surgery Center will direct you on how to take your medicine.**
- **It is very important that you DO NOT EAT OR DRINK anything after midnight. Your surgery will be cancelled and you will be charged a no-show fee if you do so. However, you may take approved medicines with a small sip of water as stated above.**
- **Wear something loose that opens in the front. You will not be required to wear a surgical gown for surgery.**
- **Bring your drops and medications with you to the surgery center. Leave all valuables at home. Neither the surgery center nor our office can be responsible for your belongings if they get lost or stolen. The surgery itself lasts approximately one hour; however, plan to be at the surgery center four or more hours.**

- **You will receive local anesthesia, which means you will be awake during surgery but will not feel any pain. If needed, the anesthesiologist may give you medication by IV to help you relax.**