

# *Glaucoma Consultants of Texas*

*Barbara A. Smythe, M.D.*

1602 Lancaster Dr., Ste. 102  
Grapevine, TX 76051  
817-885-7878(office) 817-885-7444(fax)

---

## **Laser Post-Op Instructions**

**Please read the following instructions carefully regarding the proper care of your eyes after having a laser treatment.**

- If you are currently using glaucoma medications, it is important that you continue them after the laser treatment. Do not stop them unless the doctor tells you to do so.
- There are no restrictions in activity following your laser treatment. You may rest your eyes if needed and use dark glasses in sunlight for your comfort.
- It is normal to experience some redness of the eye, sensitivity to the light, a scratchy sensation, or mild soreness of the eye. You may use lubricating tear drops for any discomfort. If any of these symptoms are severe, please call our office at (817) 885-7878.

## **POST- OP MEDICATIONS:**

### **PI – Peripheral Iridotomy:**

The prescription given to you after your procedure should be filled immediately since you will be required to begin using the drops soon after you leave our office. The prescription is for a steroid drop which will have either a pink or white top. You will use 1 drop four times a day for 7 days. Gently shake the bottle before each use. It is okay to take Tylenol for any discomfort.

### **SLT – Selective Laser Trabeculoplasty:**

No medications are required. However, if you are experiencing eye pain or headaches, you may take MOTRIN 400MG. Take 1 tablet every 4 to 6 hours while symptoms persist for up to 4 days. If symptoms persist or increase, please call the office and we will prescribe an eye drop.

### **ALT – Argon Laser Trabeculoplasty:**

The prescription given to you after your procedure should be filled immediately since you will be required to begin using the drops soon after you leave our office. The prescription is for a steroid drop which will have either a pink or white top. You will use 1 drop four times a day for 4 days. Gently shake the bottle before each use. It is okay to take Tylenol for any discomfort.