

# *Glaucoma Consultants of Texas*

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## **Laser Pre-Op Instructions**

### **How to prepare for your laser procedure**

- Use all of your usual glaucoma medicines just like you normally would, including the morning of your procedure. Continue all of your usual medications for any other health conditions as prescribed by your doctor. **Notify our office if you take any blood thinner stronger than Aspirin.**
- Eat a good breakfast.
- Be prepared to spend most of the morning in our office. The laser treatment itself is quite short, but there are pre- and post-operative steps as well.
- You may choose to bring a driver. Many patients are able to drive themselves by the time they are ready to go home. We leave this to your discretion. You will not be wearing a patch afterward for the laser.
- Women please do not wear eye make up the day of your procedure.

### **What to expect for your laser procedure**

- When you come in you will sign in like any other appointment
- One of the technicians will call you back for your pre-op, check your vision, give you the opportunity to ask any questions, have you sign your consent form, and prep the eye for your procedure.
- You will be brought back to the laser room. Anesthetic eye drops will be placed into the operative eye, and you will be placed at the laser.
- Dr. Smythe will instruct you throughout the laser procedure on what you should do.
- A lens will be placed over your eye to allow Dr. Smythe to focus.
- The laser treatment is generally not painful. It has been described as a snapping or prickling feeling.
- An hour later, a technician will call you back into an exam room to check your pressure, answer any questions, and discuss your post op care.
- You will then be escorted to the front to make your follow-up visit appointment.

If you would like further information on this procedure, please visit our website at [www.qcot.net](http://www.qcot.net)